

AFFLUENT NEGLECT

Conference

The Hidden Hurt: Recognising and
Responding to Affluent Neglect

3RD MARCH 2026



AFFLUENT NEGLECT *Conference*

Are you a professional working with children and young people, spotting the impact of affluent neglect? Wanting to develop your understanding of the issues, the signs - and the longer term impact on mental health and wellbeing?



This online conference provides an opportunity to truly delve into this - often overlooked and minimised - issue.

Alongside other professionals, you will explore the longer term impact on brain development, and will be equipped with practical strategies for working with children and their families.



£250 +
VAT

SEE BELOW FOR
DISCOUNTS

Ella Savell-Boss

Sam Garner

You will hear from three highly experienced and engaging speakers who have 75+ years' experience between them, working in the areas of safeguarding, pastoral care and mental health and wellbeing.

From the conference, you will gain:

- Clarity on what affluent neglect can look like across different ages and stages.
- A deeper understanding of the longer term impact on a child's neurobiology and development.
- Tools to support staff to use professional curiosity and develop "psychologically safe" spaces.
- Strategies for engaging families in a supportive and robust manner, enabling them to forge lasting change.

Interactive

Evidence-based

From EYFS-Post-16

Networking opportunities

Real-life case studies

£250 +
VAT

£225 + VAT Early
Bird Special (up to
1 month before
event)

20% discount
for second and
further
delegates



3rd March 2025 9am - 4pm



To book, head to: www.samanthagarner.co.uk

Conference AGENDA

TUESDAY
03.03.2026
09:00 AM – 04:00 PM

9 AM



INTRODUCTION

- Aims for the day
- Introductions
- Exploring current challenges

9:30 AM



SESSION 1 - KEY FACTORS OF AFFLUENT NEGLECT

- Recognising key signs and indicators
- Pre-empting linked risks and harms
- Affluent neglect in non-affluent families

QUESTIONS AND NETWORKING

10:45 AM



SESSION 2 - UNMASKING THE IMPACT OF NEGLECT

- The anatomy of emotional neglect
- The neurobiology of the 'invisible' child
- Recognising the high-functioning red flags
- The long term development legacy

QUESTIONS AND NETWORKING

12-1PM

LUNCH BREAK

1 PM



SESSION 3 - SUPPORTING STUDENTS THROUGH MALADAPTIVE COPING

- Eating disorders as control mechanisms
- The language of self-harm
- Developing 'psychologically safe' spaces
- Supporting recovery strategies

QUESTIONS AND NETWORKING

2:15PM



SESSION 4 - ADDRESSING AFFLUENT NEGLECT WITH FAMILIES

- Managing difficult conversations
- Providing direct support for the child
- Embedding professional curiosity amongst staff

QUESTIONS AND NETWORKING

3:30PM



CLOSING

- A short closing session to review the key points of the day and reflect upon learning and future actions

